2 Hours

SESSION V

ALCOHOL WORKSHOP

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Upon successfully completing this session the student will be able to:

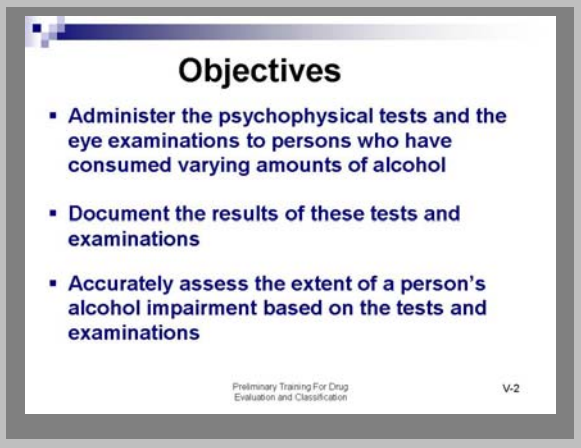
- Administer the psychophysical test and the eye examinations to persons who have consumed varying amounts of alcohol.
- Document the results of these tests and examinations.
- Accurately assess the extent of a person's alcohol impairment based on the tests and examinations.

CONTENT SEGMENTS	LEARNING ACTIVITIES
A. Assignments and Procedures	▪ Hands-on Practice
B. Testing	▪ Student-Led Presentations
C. Feedback and Discussion	
D. Alcohol Workshop Checklist	

I. ALCOHOL WORKSHOP

Display Slide V-1: Alcohol Workshop

Display Slide V-2: Objectives



Discuss the objectives of the Alcohol Workshop.

INSTRUCTOR NOTE: The main emphasis of the alcohol workshop is to evaluate the student's proficiency in the administration of SFSTs.

A. Assignments and Procedures

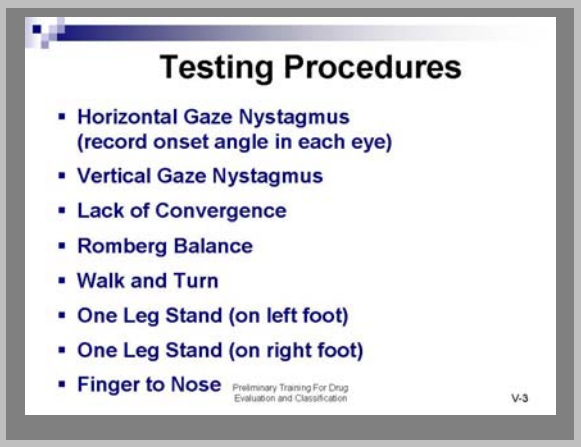
Team Assignments

Group the participants into teams. The number of students in each team is determined by dividing the total number of students by the total number of volunteer drinkers. Example: if there are 23 students and 7 volunteer drinkers, form five teams of three members and two teams of four members.

- One member will be an examiner and will complete all portions of the exam.
- One member will be the recorder and document the findings of the examination on the evaluation form.
- All others in the group will observe/coach.
- Each team member will conduct at least one complete examination.

(NOTE: All volunteer drinkers must read and sign the "Statement of Informed Consent" form prior to receiving any alcohol).

Display Slide V-3: Testing Procedures



Explanation of Testing Procedures

Each team will conduct the following sequence of tests and examinations on each volunteer:

Write the sequence of tests and examinations on dry erase or flip-chart.

- HGN (record angle of onset in each eye).
- Vertical Gaze Nystagmus.
- Lack of Convergence.
- Romberg Balance.
- Walk and Turn.
- One Leg Stand (standing on left leg).

- One Leg Stand (standing on right leg).
- Finger to Nose.

Emphasize that the team will administer each test only once to each volunteer, e.g., only one member of a team will administer the HGN test to a particular volunteer.

Emphasize that the tests and examinations are to be given in the order listed for all volunteers.

Teams will record the results of each test and examination.

Upon completing the test and examinations, the team members will record their best estimate as to the volunteer's BAC.

Solicit questions about the testing procedures.

B. Testing

- Hand out test recording forms to the teams, if available.
- Monitor the testing to ensure compliance with the procedures.
- Always allow a team to complete the full sequence of tests and examinations before sending the volunteer to another team.
- Offer coaching and constructive criticism as appropriate.

C. Feedback and Discussion

Transcribe on the board the matrix found at the end of this session to be completed during the discussion phase of the workshop.

- For each volunteer, select one team to report in detail on each test and examination administered to that volunteer.
- Call upon students to report their best estimates as to that volunteer's BAC.
- Inform the students of the results of that volunteer's breath tests.
- Continue this process until all volunteers have been reported upon.

Solicit students' questions and comments.

D. Alcohol Workshop Checklist

Drinker's Name	Below 0.05	0.05 – 0.09	0.10 – 0.14	0.15 or Greater

Attachment A

PARTICIPANT PROFICIENCY EXAMINATION
STANDARDIZED FIELD SOBRIETY TEST BATTERY

Participant Name: _____ Date: _____

I. HORIZONTAL GAZE NYSTAGMUS

_____ 1. Have subject remove glasses if worn.

*_____ 2. Stimulus held in proper position (approximately 12”-15” from nose, just slightly above eye level.

_____ 3. Check for equal pupil size and resting nystagmus.

_____ 4. Check for equal tracking.

*_____ 5. Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject’s face to maximum deviation in right eye, then back to center. Check left eye, then right eye. (Repeat)

*_____ 6. Eye held at maximum deviation for a minimum of 4 seconds (no white showing). Check left eye, then right eye. (Repeat)

*_____ 7. Eye moved slowly (approximately 4 seconds) from center to 45 angle. Check left eye, then right eye. (Repeat)

_____ 8. Check for Vertical Gaze Nystagmus. (Repeat)

II. WALK-AND-TURN

_____ 1. Instructions given from a safe position.

*_____ 2. Tells subject to place feet on a line in heel-to-toe manner (left foot behind right foot) with arms at sides and gives demonstration.

*_____ 3. Tells subject not to begin test until instructed to do so and asks if subject understands.

*_____ 4. Tells subject to take nine heel-to-toe steps on the line and demonstrates.

*_____ 5. Explains and demonstrates turning procedure.

*_____ 6. Tells subject to return on the line taking nine heel-to-toe steps.

*_____ 7. Tells subject to count steps out loud.

*_____ 8. Tells subject to look at feet while walking.

*_____ 9. Tells subject not to raise arms from sides.

*_____ 10. Tells subject not to stop once they begin.

*_____ 11. Asks subject if all instructions are understood.

III. ONE-LEG STAND

_____ 1. Instructions given from a safe position.

_____ 2. Tells subject to stand straight, place feet together, and hold arms at sides.

_____ 3. Tells subject not to begin test until instructed to do so and asked if subject understands.

*_____ 4. Tells subject to raise one leg, either leg, approximately 6" from the ground, keeping raised foot parallel to the ground, and gives demonstration.

*_____ 5. Tells subject to keep both legs straight and to look at elevated foot.

*_____ 6. Tells subject to count out loud in the following manner: one thousand one, one thousand two, one thousand three, until told to stop, and gives demonstration.

_____ 7. Checks actual time subject holds leg up. (Time for 30 seconds.)

Instructor: _____

Note: In order to pass the proficiency examination, the student must explain and cannot omit the numbers marked with an asterisk (*).