

Welcome to the **SUHRE** & ASSOCIATES, LLC NEWSLETTER



Updates From The Team

The month of July is typically a “sweet spot” for most of us, where our students and kids are out of school, summer warmth is in full effect and vacation mode is turned on. Our firm finished our first book as a team. Overall, we thought the book was a good read and were able to takeaway helpful tips and strategies to propel us forward. When asked to share one takeaway from the book, Amanda Morris, case manager, said, “Humanizing ourselves and relatability are important factors and we shouldn’t lose that as we grow the business.” We started our next book as a firm – more on that later! While COVID-19 has not gone away, we hope that you and your family had the chance to recharge and refuel in July and are excited for the new opportunities and goals in August.

August is Back to School Month

Among other things, August is named National Back to School month. Traditionally, this gears up parents, teachers, schools and students for a new season of education and learning. In light of the COVID-19 pandemic, many school districts, colleges and universities have modified their weekly class schedule. Whether we are all ready or not, getting back to the books is right around the corner. We wish everyone a safe and healthy start to a “new normal” of schooling!

Looking Ahead

Devin and Patrick from Crisp Video Group came to Cincinnati to visit us in July. We spent the day churning out some great video content for you. Miranda joined

the crew of guys at one of the off-site locations (pictured below). You’ll learn more about Miranda joining the team on page 2. We can’t wait to share the video content with you – stay tuned!



As businesses continue to navigate and pivot through the unknown of the virus, our entire firm has continued to push forward and serve our clients. Like many states, we have seen the mandated use of masks and face coverings while in public to help reduce the spread of coronavirus. Most courts are also requiring individuals to wear masks. If you are a client of ours, we have you covered! In the coming weeks, clients will receive personal protective equipment including an individually packaged mask and branded hand sanitizer. Please feel free to email newsletter@suhrelaw.com if you have any questions regarding the “court kit”.

Up next on our book club list is *Never Lose a Customer Again* by Joey Coleman. So far, so good. We hope to apply the strategies and phases discussed in this book to help create an exceptional client experience. Thanks for sticking with us as we update you on the latest and greatest. Until next time!

**Offices Located in: Cincinnati, Columbus, Dayton, Akron, Louisville,
Lexington, Northern Kentucky and Indianapolis**

We believe that everyone is entitled to their rights, and those rights should be defended to protect their future. However, we do not condone drunk driving in any circumstance. Take a look at this DUI Prevention Guide as a source of information.

DUI PREVENTION GUIDE

Make your safety a priority



1 ABOUT DRUNK DRIVING

According to the National Highway Traffic Safety Administration, drunk driving claims more than 10,000 lives each year. Drunk-driving accidents create approximately \$199 billion of entirely preventable costs annually.



2 CONSEQUENCES OF DUI

Drunk driving falls under the legal classification of driving under the influence (DUI) or operating a vehicle impaired (OVI). The most serious punishment is imprisonment. License suspension, fines and other punishments can be imposed as well.



3 DUI RECIDIVISM

This is a significant challenge in the war on drunk driving. Approximately one-third of drunk-driving issues are caused by repeat offenders. Methods like ignition interlock devices have proven to significantly reduce the rate of DUI recidivism.



4 PREVENTION FOR YOURSELF

The easiest prevention is to NOT drink and drive. Period. This doesn't mean you can't enjoy a drink with friends, but it does require you to plan in advance.



5 BLOOD ALCOHOL CONTENT

The legal threshold is 0.08 percent blood alcohol content (BAC). Alcohol reaches the brain within seconds of entering the bloodstream. An individual with levels of .08 exhibit delayed reactions, impairment in attention, tracking and comprehension.



6 REHABILITATION

Alcoholism is a disease. While many may consider themselves a "social drinker" - there are people who find dependency on alcohol and other substances. Resources like therapy and treatment facilities are available to help find the path of recovery.

Meet the Team



We want to welcome **Miranda Holbrook** to the team!

Miranda previously worked as a criminal prosecutor for 14 years and is licensed to practice law in Kentucky and Ohio. She will primarily serve our clients in Northern Kentucky and Ohio. Our firm is excited to welcome Miranda to the

team and look forward to the unique perspective she can bring to the table. Learn more about her on our website at suhrelaw.com.

What role will you hold at Suhre & Associates?

I am an attorney and licensed to practice in Kentucky and Ohio.

What is your favorite quote?

"Courage is not the absence of fear, but rather the judgment that something else is more important than the fear."

What did you do before joining the team?

I was a criminal prosecutor for 14 of the last 15 years.

What are the values that drive you?

The desire to provide for and protect my family is first and foremost in my life. Hard work, perseverance, kindness, patience, honesty, integrity, and a desire to treat others as I would like to be treated are all very important to me.

What do you enjoy doing when you're not working?

I enjoy reading, music (listening and I love to play the piano myself), exercising, attending Broadway musicals, hiking, kayaking, and spending time with my family.

Recipe Roundup

Homemade Peach Ice Cream

Peaches are in peak season in July and August. Head to your local grocery store and try out this sweet and refreshing treat!

Ingredients

- 4 ripe peaches, peeled & sliced
- 1/4 cup brown sugar
- 2 tablespoons butter
- 1/2 teaspoon ground cinnamon
- 1 pint heavy whipping cream
- 14 oz sweetened condensed milk

Directions

In a large sauté pan, melt butter. Add sliced peaches, brown sugar and cinnamon. Stir and cook until peaches are soft.

Remove from heat and cool thoroughly and chill in refrigerator. In a large bowl, combine heavy whipping cream and condensed milk using a hand mixer.

Fold in cooled peach mixture. Spoon ice cream into a loaf pan lined with parchment paper and freeze overnight. Enjoy!



Back to School Scramble

ENPICL _____

EKNBOOTO _____

GHGITEHHILR _____

KACACBKP _____

NLXUHBOC _____

ENP _____

PREPA _____

SOOKB _____

PCMTUERO _____

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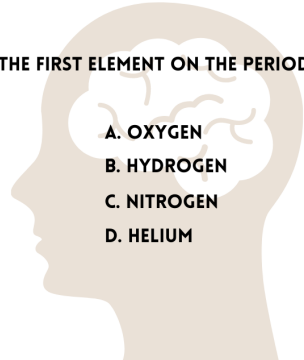
BACK TO SCHOOL MONTH

August is National Back to School month. For many families, planning and gearing up for a new school year will look different than it has in previous years. Schools are implementing new policies to help prevent the spread of COVID-19. Some of those might include virtual learning components. We wish you a safe start for the upcoming school year!

TRIVIA

Thank you to everyone who participated in our July giveaway! This month, we want to put your trivia knowledge to the test. Submit your answer to newsletter@suhrelaw.com by Monday, August 24 for a chance to win a gift card!

WHAT IS THE FIRST ELEMENT ON THE PERIODIC TABLE?

- 
- A. OXYGEN
 - B. HYDROGEN
 - C. NITROGEN
 - D. HELIUM

Check out the Suhre & Associates Video Podcast

PODCAST

What do you want to see on the next podcast from Joe and the crew? Email us at newsletter@suhrelaw.com.
Tune into our previous recordings on Facebook or on our YouTube channel.